

FAST FORWARD HOME

Parent and Learner Expectations Checklist



Welcome to Fast ForWord! We are so excited that you and your child have started on this journey with us. Your child (learner) will start with our Foundations series where they will be working to practice and reinforce critical cognitive skills to create brain muscle memory and a solid foundation for language and reading development. As with any skill and muscle in the body, change takes time, repetition, and consistent practice. Please go over these expectations with your child so that everyone knows their role to get the most benefit possible from the program and reach your goals!

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Parent Expectations

- ✓ Encourage your child
 - Keep it positive!
- ✓ Celebrate small and large victories
 - Get excited and celebrate with praise or other incentives when your child meets their daily and weekly goals. Your Education Consultant will have some great ideas for small incentives to help motivate your child to do their best and continue to make progress.
- ✓ Create a schedule and routine with your child for daily/weekly practice
 - Find a good spot in the house for your child to work, monitor them closely in the beginning and when they are feeling more independent continue to check in periodically to help with accountability. Think about your child's schedule and plan their week in advance if you can taking into consideration time of day for best practice. Your Education Consultant can help with scheduling ideas!
- ✓ Monitor your child's progress
 - Weekly reports are sent every Sunday and can be scheduled daily as well upon request. Your Education Consultant will also be giving you weekly or bi-weekly updates with phone calls and emails.
- ✓ Communicate with your Education Consultant
 - Pick a convenient time each week to speak on the phone with your Education Consultant about your child's participation and progress. Your Education Consultant will be giving you a progress update, highlights from the week to celebrate and tips for exercises that may be challenging for your child. These updates will help make sure your child moves through the program at a good pace and doesn't get stuck for too long in any area.
- ✓ Sit with your child when they are struggling
 - Your observations are invaluable. You are the Head Coach and your Education Consultant is your Assistant Coach. Your observations will help your Education Consultant determine which strategies or tips and tricks will work best for your child for particular exercises that prove to be challenging.
- ✓ Review concepts or strategies with your child as needed
 - Implement and demonstrate the strategies and tips that your Education Consultant gives you for specific exercises when your child needs assistance.
- ✓ Observe and note behavior change and academic change
 - We love to hear what you are noticing, whether it is as simple as your child being more attentive in conversation at the dinner table, or a great grade on a test in school!

I, _____ (parent) understand my role and will do my best to support, encourage, and communicate with my child and my education consultant throughout my Fast ForWord subscription so I can help my child get the most benefit possible from the program.

Date: _____

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Learner Expectations

- ✓ Positive attitude
 - Having a good attitude makes it so much easier to do your very best! You are working to help make understanding language and reading so much easier and more fun!
- ✓ Work each exercise with your best effort
 - Feel good about your work each day knowing you gave it your best!
- ✓ Finish your schedule each day you log in to work
 - Make sure you complete each exercise from start to finish without exiting early. One of the characters will wave goodbye to you when your time is up and bring you back to the menu screen for your next exercise.
- ✓ Complete at least five sessions each week
 - Five sessions is the minimum! It is like going to gym, but for your brain! You can't expect big changes if you only go once or twice a week.
- ✓ Make up for sessions missed when you can
 - The program is open to you 24 hours a day, 7 days a week! You can work twice in one day or on the weekends to get in more than five sessions each week when you need to. To work more than one session in a day make sure you log out and then log back in to work a second time.
- ✓ Don't give up!
 - Some of the exercises can be tough and you may get frustrated from time to time. That is ok! Your brain is working hard to get stronger so don't give up!
- ✓ Ask for help when you need it
- ✓ Ask questions when you have them
- ✓ Get excited when you meet your weekly or daily goals!
 - You can use your participation chart to track your progress and get excited when you beat your high score, biggest streak, and make percent progress! Set goals for yourself and keep striving to meet them!

My goal is

To reach my goal, I, _____ (learner) will do my best to meet my participation goals and work in my exercises with my best effort!

Date: _____

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*Post near the computer or on the refrigerator as a daily reminder of your dedication to the program.

Foundations I and II

BEFORE YOU GET STARTED:



- I will have a good attitude!
- I will try my best!
- I will finish all of the scheduled exercises for the day.
- I will ask for help when I need it.
- I will ask questions when I have them.
- I am excited to see my progress each day! Each week!
- I will not give up!
- I will reach my participation goal for the week.
- I will make up for sessions that I have missed by working extra when I can.

WHEN YOU ARE FINISHED:



- Do you feel good about what you accomplished today?
- Did you try your best?
- Did you finish all of the scheduled exercises?
- Are you excited to show your parents your scores for the day?